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- Pat Murfey



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## **April 2017**



Jacob Polaco opened Aep Restaurant at 1815 West 39th, KCMO, in December 2016. Aep (pronounced ape) is named after a method used in Thailand of slow-grilling food wrapped in banana leaves. You may know this space as the former home of Thomas and before that, Cafe Alegro. Jacob has built an all-new

kitchen with specialty appliances including a combi oven, an immersion circulator and a Thai-style charcoal grill. Changes to the old dining area have created a fresh, open feel with new decorative lighting and Thai wall art.

I recently enjoyed a meal here of Beef Rendang. It's Indonesian beef curry with sambal tempoyak (a durian and chile paste condiment) served with cucumbers and jasmine rice. It's a small serving but it's super rich. My dining companion enjoyed Forest Mushroom Phat See Ew for dinner and again for lunch the next day. It's comprised of fresh wide rice noodles and Chinese broccoli. It was yummy...Check it out!

Buy Local! I'm a proponent of patronizing locally owned businesses.

Supporting Kansas City owned and operated businesses is a great way to support our local economy.

I sell and lease commercial buildings. Call me at 913-951-8402 to let me know how I can help you. For more information about the Commercial Real Estate Market and other Great Restaurants please visit www.KCEvergreen.com. Copyright Pat Murfey, 2017.