

by

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Real Estate Services

Pat
Murfey's

Restaurants
Off The Beaten Path
are My Favorite!

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- Pat Murfey



Kansas City's **Blue Bird Bistro**, located at 1700 Summit, is a holiday / special occasion brunch tradition for my family. I also enjoy **Blue Bird** for breaks after work outside on the sidewalk or at the bar as a quiet place to wrap up the day. **Blue Bird Bistro** focuses on organic, all-natural, sustainable and locally grown food. In the past twelve years, they

have expanded this lineup from nine local and regional suppliers to 40+ farmers today. I think anyone can appreciate this and I admire this practice. The vendors that contribute to your meal are often printed on the back of your menu.

I enjoyed buffalo sausage and polenta benedict on a recent occasion. It's served with seared & sliced tomato, all natural Havarti cheese and Campo Lindo Farm poached eggs on organic baked polenta topped with **Blue Bird's** homemade hollandaise.

Alyssa had the 17th Street Benedict. This classic is served with sautéed mushrooms, organic baby spinach, caramelized onions, all natural feta cheese, capers and poached eggs covered in house made hollandaise on an organic English muffin.

Alex & Holly split the Ciabatta French toast. It's served with pure maple syrup from Shaker Mountain Farm and organic pecan butter made from delicious Missouri Northern pecans...Yum!!! Check it out!

Buy Local! I'm a proponent of **patronizing locally owned businesses**. Supporting Kansas City owned and operated businesses, is a great way to support our local economy.

I sell and lease industrial buildings. Call 913.951.8402 to let me know how I can help you. Call or email for more information about the Industrial Real Estate Market and other great restaurants. Copyright Pat Murfey, 2013

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